

A man with dark hair, wearing a light-colored long-sleeved shirt and dark pants, is sitting in a meditative lotus position on a rocky ledge. He has his eyes closed and his hands are resting in his lap in a mudra. The background features a clear blue sky with a single white seagull in flight, and a vast blue ocean extending to the horizon. The overall scene is peaceful and serene.

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(Falun Gong)

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